



# **INTENSIVE GRADUATE INTERNSHIP PROGRAM**

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**AT WELLNESS HUB JLT**







## **INTENSIVE GRADUATE INTERNSHIP PROGRAM**

Undergraduate University Students Year 3 and Master's Level

**Dates:** Multiple options available. Please check our calendar.

**Duration:** 12 weeks (extended version of 6 weeks graduate program)

**Total Hours:** 300 Hours

**Fees:** please email [internships@wellnesshub.ae](mailto:internships@wellnesshub.ae)

**Program Facilitator:** CDA/ DHA-Licensed Psychologist

**Location:** Wellness Hub, 1205, JBC4, Cluster N, JLT, Dubai





## PROGRAM STRUCTURE

**Week 1** : Setting goals and intentions  
Introduction to Play Therapy

**Week 2** : Art Therapy

**Week 3** : Assessments and screenings. Intake forms, confidentiality agreements, ethics

**Week 4 & 5** : Cognitive-Behavioural Therapy (individual and family)

**Week 6** : Reading Week

**Week 7 & 8** : Client-Centred Therapy.

**Week 9** : Couple Therapy

**Week 10** : Domestic Violence

**Week 11** : Portfolio Submission (Tasks and Self-Reflective Journal)

**Week 12** : Final Presentation and Graduation





**Additionally, every week students engage in the following :**

- Diversity Discussion Group
- Weekly CPD (Continuing Professional Development) sessions
- Counselling Skills Practice
- Process Group