



PROFESSIONAL **INTERNSHIP PROGRAM**

AT WELLNESS HUB JLT





PROFESSIONAL INTERNSHIP PROGRAM

University Students who finished one of the Graduate Internships at the Wellness Hub or Post Master's Level.

Dates: Multiple options available. Please check our calendar.

Duration: 6 weeks

Total Hours: 20 Hours

Fees: please email internships@wellnesshub.ae

Program Leader: CDA/DHA-Licensed Psychologist

Location: Wellness Hub, 1205, JBC4, Cluster N, JLT, Dubai



PROGRAM STRUCTURE

Week 1 : Reflecting on Growth and Charting the Path Ahead
Building on Internship Experiences and Setting Intentions.

Week 2 : Advanced Clinical Skills. Refining Therapeutic
Techniques.

Week 3 : Strengthening Clinical and Interpersonal Skills.
Advancing Skills in Real-World Scenarios.

Week 4 : Ethics and Professional Boundaries in Clinical
Work. Navigating complex scenarios with confidence.