



HIGH SCHOOL INTERNSHIP PROGRAM

AT WELLNESS HUB JLT





HIGH SCHOOL INTERNSHIP PROGRAM

Grade 11 &12 School Students

Dates: Multiple options available. Please check our calendar.

Duration: 4 weeks (4 days/5 hours per day)

Total Hours: 20 Hours

Fees: please email internships@wellnesshub.ae

Program Facilitator: CDA/DHA-Licensed Psychologist

Location: Wellness Hub, 1205, JBC4, Cluster N, JLT, Dubai



ABOUT THE PROGRAM

This program offers a dynamic, hands-on exploration of psychology designed for high school students (Grades 11-12) who are curious about human behaviour, thoughts, and emotions. Whether the student is considering a career in psychology or just interested in broadening their understanding, this interactive experience is a great way to enhance their academic and personal growth.

WHO CAN APPLY?

High school students (Grades 10 - 12) who are organized, committed and curious.



PROGRAM STRUCTURE

Week 1: Foundations of Psychology & Case Introduction

Week 2: Intake & Formulation – Understanding the Inner World

Week 3: Social Context & Career Pathways

Week 4: Interventions, Presentations & Reflection